



Dear Athletes:

We are gearing up for the 2023 heavy athletics competition at the Kalamazoo Scottish Festival and Highland Games! Last year was great: we had 70 athletes - nearly half of which were novices, a World Record was recorded and many personal bests were achieved! We are lining up our field volunteers and getting ready for another great event this third year in the City of Parchment's Kindleberger Park! Please join us for a day of fun! The Festival this year will again include musical entertainment, Scottish Cultural Education, reenactors, children's games, food, dance and more.

Early registration must be postmarked by August 5, 2023. Cost is \$40 per Athlete. Late Registration is \$50. Last year we had to close the registration at 70 athletes, so be sure to register early!

Date:	Saturday, September 9, 2023
Location:	Kindleberger Park (at Public Works Entrance) 300 Maple Street, Parchment, MI 49004
Sign in/Late Reg:	8:30 AM
Games Begin:	9:30 AM
Contact:	Kate Boeve <a href="mailto:kateboeve@gmail.com">kateboeve@gmail.com</a> , <a href="mailto:info@kalamazooscotfest.org">info@kalamazooscotfest.org</a>

Events will include:

Braemar Stone -- Open Stone -- Light Weight for Distance -- Heavy Weight for Distance  
Light Hammer -- Heavy Hammer -- Sheaf Toss -- Weight Over Bar -- Caber

Entrance to the festival is FREE to all. One FREE T-shirt will be provided to the Athlete with every registration packet postmarked by August 5, 2023\*. Additional shirts for family members may be obtained at an additional cost per shirt, but the order must be included in your information packet. Kalamazoo Scottish Festival Association (KSFA) will provide water and lunch for each athlete. An athlete tent will be provided, and athletes are welcome to bring their own modestly sized (10 x 10) tents for self and family. Coolers are acceptable. **Please note that the Kindleberger Park regulations prohibit any alcohol consumption or open bottles of alcohol on the premises. Please comply with these requirements to help us keep our great relations with the City and Park officials.**

Field registrations (considered Late Registration) may be accepted, however, the perks of the free T-shirt and sponsored lunch are not guaranteed with late registration and the cost to participants will be \$50. Last year we had to turn away athletes registering late, so be sure to get your registration in early.

Please direct any questions to AD Kate Boeve at [kateboeve@gmail.com](mailto:kateboeve@gmail.com) or [info@kalamazooscotfest.org](mailto:info@kalamazooscotfest.org). Looking forward to seeing you at the Games!

See you there!!            Kalamazoo Scottish Festival Association, Kate Boeve, AD

\*Due to potential delays in USPS, please send an email to one of the email addresses above to state your packet was mailed in so we can ensure your T-Shirt order is included.

**2023 Athlete Registration Form - 31<sup>st</sup> Annual Highland Games**  
**Kalamazoo Scottish Festival Association**  
PO Box 511, Oshtemo, MI 49077

Athlete Name: \_\_\_\_\_ Age if Masters: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email Address: \_\_\_\_\_ Athlete Phone: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

T-shirt Size: \_\_\_S \_\_\_M \_\_\_L \_\_\_XL \_\_\_2XL \_\_\_3XL \_\_\_4XL \_\_\_5XL (Check One)

*\*Only registration packets postmarked by August 5, 2023, will be provided a T-shirt \**

Class: (Circle One)    Mens A        Mens B        Mens C        Mens Masters    Mens Lightweight

Womens A    Womens B    Womens Masters    Womens Lightweight    Novice    Youth\*\*

*\*Classes will be offered based on the number of athletes competing the day of the games.*

*\*\* Lightweight men: <200# women: <150#. Lightweights will be weighed before the competition.*

**ATHLETE RULES AND NOTES:**

1. Athlete must wear a Kilt during competition.
2. Athletes 16 and 17 years of age must have parent/guardian approval and signature, and parent/guardian must be present during the competition. Participants must be at least 16.
3. All events will be governed by the North American Scottish Games (NASGA) rules.
4. Any athlete not wishing to be identified on KSFA publications, please contact Kate Boeve at [kateboeve@gmail.com](mailto:kateboeve@gmail.com).
5. Any athlete who displays poor sportsmanship or engages in inappropriate behavior may, at the AD or judge's discretion, be expelled from the Games.

**ATHLETIC COMPETITION RELEASE OF LIABILITY:**

The Athlete recognizes that participation in Highland Games activities involves risk of physical injury, including negligence on the part of the Participant or others on the event field. The Kalamazoo Scottish Festival Association (KSFA) will take all possible precautions to prevent such injuries from occurring. By signing herein, the Participant voluntarily releases, waives and relinquishes any current or future claims against the KSFA for personal injury, property damage or wrongful death occurring to the participant arising out of participation in the Games, and agrees to indemnify and save harmless the KSFA for personal injury, property damage or wrongful death. I have full knowledge of the risks involved in this event and I represent that I am sufficiently physically fit and trained to participate safely in this event. I also agree to abide by the decision of KSFA officials and their authorized representative(s) concerning my ability to participate safely in this event, and I agree that KSFA officials may authorize emergency medical treatment on my behalf. I also understand and agree that any photographs, slides, videotapes, or other recordings that may be made by and for the KSFA of the athletes of any competition may be used by the KSFA.

Athlete's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature for Minor: \_\_\_\_\_ Date: \_\_\_\_\_

**2023 Athlete Information Form - 31<sup>st</sup> Annual Highland Games**  
**Kalamazoo Scottish Festival Association**  
PO Box 511, Oshtemo, MI 49077

*\*This information may be used by the Announcer.*

Athlete Name: \_\_\_\_\_ Nickname: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Children: \_\_\_\_\_ Profession: \_\_\_\_\_

Kilt Tartan: \_\_\_\_\_ Clan Affiliation: \_\_\_\_\_

Date & Location of First Scottish Competition: \_\_\_\_\_

Number of Kalamazoo Competitions: \_\_\_\_\_

Related Hobbies: \_\_\_\_\_

**BEST COMPETITION MARKS:**     *note: seasoned over-60 athletes need not list marks*

Open Stone: \_\_\_\_\_ Feet                      Light Hammer: \_\_\_\_\_ Feet

Braemar Stone: \_\_\_\_\_ Feet                      Heavy Hammer: \_\_\_\_\_ Feet

Light Weight for Distance: \_\_\_\_\_ Feet                      Weight Over Bar: \_\_\_\_\_ Feet

Heavy Weight for Distance: \_\_\_\_\_ Feet                      Sheaf Toss: \_\_\_\_\_ Feet

Caber Toss: \_\_\_\_\_ o'clock or degrees

*\*This information will be used in setting up the Classes.*

**2023 Athlete Order Form - 31<sup>st</sup>Annual Highland Games  
Kalamazoo Scottish Festival Association  
PO Box 511, Oshtemo, MI 49077**

\*Order form for any additional KSFA Highland Games T-shirts needed for the Athlete’s entourage (must be included in original Athlete Registration and postmarked by August 5, 2023\*).

Size:	Quantity:	Cost: \$20 each
Youth Small	_____	_____
Youth Medium	_____	_____
Youth Large	_____	_____
Adult Small	_____	_____
Adult Medium	_____	_____
Adult Large	_____	_____
Adult XL	_____	_____
Adult 2XL	_____	_____
Adult 3XL	_____	_____ * Add \$3 each
Adult 4XL	_____	_____ * Add \$3 each
Adult 5XL	_____	_____ * Add \$3 each
TOTAL:	_____	_____



**COMPLETED ATHLETE PACKET FORM CHECK LIST**

- 2023 Athlete Registration Form
- 2023 Athlete Information Form
- 2023 Athlete Order Form
- Check: \$40 for Athlete Participant Cost plus additional \$ for additional T-Shirts

Mail completed paperwork along with your check made payable to KSFA (Kalamazoo Scottish Festival Association) to:

**KSFA  
Attn: Kate Boeve  
PO Box 511  
Oshtemo, MI 49077**

**Or:** You may email the completed paperwork to [kateboeve@gmail.com](mailto:kateboeve@gmail.com), and pay on the KSFA website [www.kalamazooscottishfest.org](http://www.kalamazooscottishfest.org). Use the “Donate” button, being certain to write your name and “athlete” in the note section of the payment page.