

KSFA January Newsletter



We hope you had a joyous holiday season and a great start to the new year! We are excited to bring you several updates about the KSFA in this month's newsletter. As always, if you have any suggestions for us, feel free to send us an email: info@KalamazooScottishFest.org

(Photo: Hogmanay Celebrations at Edinburgh Castle)



Highland Athletics Open Practices

If you are looking for a practicing group of Highland Athletes near you, please contact Josh at: 808.364.2324, or Kate at: 616.610.7671. They lead practices in the Kalamazoo and Holland areas respectively, and can connect you to other throwers in your area.

Athletics Page



KSCD Practices

The KSFA is proud to sponsor the Kalamazoo Scottish Country Dancers. They meet Mondays from 7-9pm at Grange Hall in Kalamazoo. No experience or partner required.

This month the dancers will be holding a Dance & Potluck in honor of Robert Burns on Monday January 30 at 6:00pm. Please RSVP with Ed Hill(ehill118@hotmail.com) by 1/23.

See our site for more details:

Kzoo Scottish Country Dancers

KSFA Athletes Laud Trainers



Do you want to keep athletically active in a sport that is performed both individually and as a group; played competitively against your own personal goals as well as against other athletes? And do you want to keep playing into your 80's?! Then Scottish Highland Games – nine events throwing heavy “stuff” – is for you.

Two “grandfathers” of the sport; Jerry Bowersox and John Tracy; have spent years directing games, judging events, and training athletes. They have poured their knowledge and experience into hundreds of athletes in Michigan and the surrounding states. They were recognized at the 30th Annual Kalamazoo Scottish Festival and Highland Games in September 2022 for their valued contribution to the sport. Thank you from us all!

Many people are discovering the fun and camaraderie of playing the “heavy events” with like minded folks in their communities and all around the world. Highland Athletics is a fun challenge for those who are wanting to continue or start a new physical discipline, and for many can become a life long passion. If you would like to learn more feel free to visit the Athletics Page.



The Council of Scottish Clans and Associations(COSCA), is an organization made up of a multitude of Scottish cultural groups across the country, and the KSFA is proud to be a member.

Are you looking for more info about your clan? Or possibly looking to hit some games on future travels? Well COSCA is the place to look.

For more info click the below link:

[COSCA](#)



April 6th is National Tartan Day, a Federal holiday to celebrate tartan and all who wear it. For the occasion, the KSFA is planning a Tartan Day Luncheon. To be held Saturday, April 1 in, Wayland, MI. More details to come soon!

For info on our other planned events please see our 2023 calendar.

[Events Page](#)

Ideas for Burns Night 2023



Burns Night is a holiday celebrated by Scots around the world to laud the great bard himself. It is normally held around his birthday, January 23rd, and is marked with dancing, songs, & the recitation of his works. This is often done at Burns Suppers, and can be held by organizations or at home. To read more about Robert Burns and his works follow the link: <https://www.poetryfoundation.org/poets/robert-burns>

Our Kalamazoo Scottish Country Dancers will be hosting a Potluck and Dance on Monday, January 30th at 6:00pm. Please RSVP with Ed Hill if you wish to attend at: ehill118@hotmail.com

In Rockford MI, a Burns Tea will be held at Pour-d Tea Parlor by the Grand Rapids Scottish Society on Sunday, January 22nd from 2-4pm. Tickets are \$35. More info can be found below:

Robert Burns Tea



Want to have a simple home Burns Night? Well then you may need some recipes! Below are links to the traditional Burns Supper foods. If you decide to celebrate send us pictures via Facebook to be featured in our Burns Album for 2023!

[BBC Burns Night Recipes](#)



As always we are working hard preparing for our Annual Festival in September, as well as our normal programming. To learn more about the KSFA, its history, and operation, visit the Association Page on our website and subscribe for more updates.

[Association Page](#)

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